

# Out of balance?



More than a third of adults age 65 and over will fall this year... 30% will be injured. For the vast majority, though, it's not because they're "old" or having a dizzy spell—rather, they have balance disorders that are very treatable. They just need the right diagnosis.

We can help. Our expert team at the new Balance and Motion Center offers complete diagnostics and treatment—so your loved one will be back on his or her feet, with confidence.

If you or someone you love is suffering from balance issues, call **800.632.6807**.

**BAYSHORE**  
COMMUNITY HEALTH SERVICES  
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Bayshore Community Hospital | Holmdel  
▪ Balance and Motion Center  
▪ Breast Care Center  
▪ Ganz Diagnostic Imaging Pavilion  
▪ Bayshore Hearing Center  
▪ Bayshore Wound Care® Center  
▪ Vassar Eye Center

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Bayshore Health Care & Rehabilitation Center

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The Willows at Holmdel Assisted Living Community

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Pleasant Valley Adult Day Center | Holmdel/Spotswood

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Ambulatory Surgery Center | Old Bridge

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The SleepCare® Center | Holmdel/Freehold

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Bayshore Fitness & Wellness Center | Hazlet/Old Bridge

**ROBERT WOOD JOHNSON**  
HEALTH NETWORK

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